

How to work miracles

Dr Vandana Srivastava
explains to Shivi Verma
how a thorough knowledge
of the Law of Attraction is
necessary to implement it
and witness its miraculous
results



Dr Vandana Srivastava, a healer, International Master of Law of Attraction, Vibration therapist, and a renowned Cosmic healer will be holding her first workshop on making the Law of Attraction work for us with the Life Positive Foundation on 29 February 2020.

Getting what we want is one of the most tantalising aspects of human life. Whether it's money, love, success, fame, power, popularity, happy relationships, or health, we want to achieve it all but often find ourselves faced with failed attempts or insurmountable odds.

Vandana has unlocked the secret of manifestation and shares how to work with the Universe to get what we want with all those who want to know. In an interview with *Life Positive*, she reveals all about her spiritual journey, her turning points, the discovery of her life purpose, and why she finds it fulfilling to help people.

Q Please tell us something about your spiritual journey. How did it begin and help you in your life?

It is very difficult to answer how one begins their spiritual journey. Because I truly believe that the spiritual journey is a process that continues through many lifetimes. The Universe chooses its channels. We are not human beings on a spiritual journey. In fact, we all are Divine Spirits on the journey of a human experience.

Life has been a beautiful learning journey. Being a fighter pilot's wife is itself very eventful. Our whole life has been a constant movement from one place to another. Accidents, injuries, casualties, and rising above all of them taught me a lot. My faith always helped me sail through. I have witnessed amazing miracles and have been in the special care of The Almighty. I have been a good student of some wonderful teachers and masters. My deep interest in spirituality, human behaviour, and the subconscious mind keeps taking me to various training sessions and learning centres. There is a saying: "When the student is ready, the teacher shall appear." I have been blessed to have undergone courses like NLP, Twin Souls, Theta Healing, Aura and Chakra Scanning, Crystal Therapy, that have helped me help others.

The spiritual journey, as perceived by my conscious mind, began at around 11 years of age, with the demise of my eldest aunt, who had unofficially adopted me. My sister and I are a pair of absolutely identical twins. With my aunt's death, everything changed for me as I was too pampered and loved by her. I understood the meaning of unconditional love very early in life, and her loss left such a huge vacuum in my life that I automatically drifted towards practising silence and meditation.

Q What was your biggest turning point?

This was the first turning point in my life. Goddess Kali became my lifeline, my breath.



I was declared dead during the surgery. It took 28 hours for my soul to return. Since then, my whole perception and purpose of life changed. I started my journey of knowing more about what had happened to me.



Her presence became very physical and my tryst with destiny began. So many miracles started happening. My husband's entry in my life and then his surviving an air crash are some of such great miracles in my life. Very soon, my book on my life's experiences will be out. It will explain in detail how the Goddess chose me as her medium in this lifetime.

Another turning point came 20 years back during my son's birth. I was declared dead during the surgery. It took 28 hours for my soul to return. Since then, my whole perception and purpose of life changed. I started my journey of knowing more about what had happened to me. I researched and read various authors. The books by Dr Brian Weiss were very enlightening.

I soon realised that I possess some special powers of healing and helping others, not only from diseases but also from financial, emotional, and mental challenges. My prayers

never go unanswered. Goddess listens to me as a mother would. She never lets me down. I am all the time in her grace.

This realisation brought me to many masters to do various healing courses for a better understanding of Healing through Divine Energy. The person who really helped me was Dr Louise Hay. She explains how our own emotional blocks are the real reason for physical diseases.

Q Which healing modality do you resonate the most with?

Learning Theta Healing was a whole new development for me. How people carry curses and problems from one lifetime to another is really amazing. Through Theta Healing, I have been able to solve extremely difficult cases. Infertility, cancer, undiagnosed pain, bankruptcy, relationship challenges, and many more problems can be solved through this healing modality. I also use Aura, Chakra, and Crystal Healing techniques to resolve various issues. Bibliomancy and Dowsing also help identify and solve various unresolved challenges.

Through the committed practice of Techniques of Law of Attraction, we help reprogramme the subconscious mind. This has given very powerful and positive results for my clients. 'From Stress to Success' and 'From Scarcity to Prosperity' are very powerful mind reprogramming programs that I run at my centre, Mind Miracle, through which I have been able to meet many people from various spheres of life. Not everyone needs to have a challenge to practise the Law of Attraction. One can take their life to new levels of achievement, success, and joy through its practice.



Law of Attraction is about aligning the conscious mind with the subconscious mind and then to the Supreme Consciousness

Q Your workshop topic is about making the Law of Attraction work for us. Tell me, why is it that most of us fail to attract what we want?

The Law of Attraction is all about your thoughts, their vibrations, and frequencies. It's about getting the conscious mind aligned to the subconscious mind and then to the supreme consciousness. People fail because they have not understood it properly. Just reading a few books does not give you enough insight and depth of knowledge in the subject. Everyone needs a proper teacher who can take one through the process of Mind Reprogramming. The Law of Attraction, like all other laws of the universe, is always happening. Whatever is currently happening in your life is what you have attracted through your subconscious mind.

Q Is it possible to always be in a positive state of mind? No matter how hard we try, we tend to get affected by things happening in our lives, which confuse or misguide us.

In my opinion, there is no positive or negative. Whatever you think is right, becomes positive for you. It is not correct to judge anybody's thoughts or perceptions. The greater the focus you give to the outside world, the more it affects you. The journey inward is very essential.

Q Have those who have achieved all that they aimed for, perfected the Law of Attraction, or is it that they go after what they want and do not stop until they get it? Please explain.

People who have apparently achieved all that they aimed for, do so through a certain discipline, persistence, as well as by

subconsciously following the principles of the Law of Attraction, even if they do not understand it completely. The results and manifestation of the Law of Attraction are phenomenal. It can help you achieve the impossible at times. Through regular practice of certain techniques, we can reprogramme our mind and create new neural pathways (neuroplasticity), and hence achieve super success, fame, wealth, health, and happiness.

Q What have been the notable breakthroughs that you have seen happening by using this law correctly? Please give a few examples.

We help reprogramme the mind by creating new neural pathways and thus create a brand new reality with new experiences. It could be getting better marks in exams, clearing entrance tests, or getting promoted. There have been instances of getting a new car or going for a dream vacation, of getting unexpected money or recovering from illness; correct techniques of Law of Attraction can help in every sphere. The birth of a healthy child can be a great achievement for someone who has been struggling with infertility for many years. The single most satisfying breakthrough has been helping a few friends with their infertility issues.

Q What has been your biggest learning in life as a healer and a life coach?

Healing is a truly satisfying process. I am grateful that the supreme consciousness chose me to be a medium, to be a guiding light in people's lives. The biggest learning has been a deep understanding of the power of unconditional acceptance and surrender. The more we take things in our hands, the more we succumb to the stress of our struggles. We



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do not allow ourselves to flow with life and its energy. We use too much of our logical mind in the process of flow of life, thus creating unnecessary blocks. We are just tiny specks of stardust in the huge canvas of the universe. Still, we are immensely powerful. All solutions lie in aligning with the all-powerful energy source.

I feel sad when very few people understand this. This should be taught in schools. Meditation should be made mandatory. So many lives could be improved, if only they had a better understanding of cosmic and spiritual energy.

A book by Dr Bruce Lipton, *The Biology of Belief*, can help those who wish to learn more.

We welcome your comments and suggestions on this article.
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